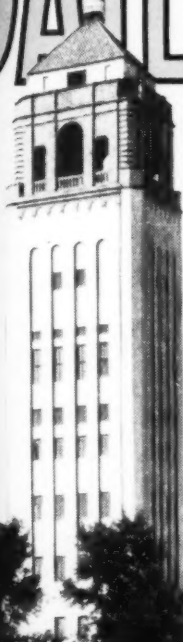


AUGUST, 1942

15 CENTS

DAILY WORD



A
UNITY
Publication

FOR EACH NEW DAY... THE RIGHT
WORD FOR YOUR INSPIRATION



Class Thoughts

July 20 to August 19

Daily at 11 a. m. join us in this thought
for spiritual illumination:

I am radiant with the light of God.

At high noon each day concentrate your attention
on this thought for prosperity:

I am prospered by the increasing, multiplying power of God substance.

At 9 p. m. each night let us acknowledge the healing power
of Spirit with this prayer:

I am restored by the life and health of God.

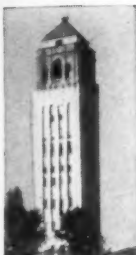
Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Address Silent Unity, 917 Tracy, Kansas City, Mo. Compensation is by love offering.

DAILY WORD is nonsectarian, published monthly by the Unity School of Christianity. Single copies may be obtained at Unity libraries and newsstands at 15 cents. Subscription, \$1 a year. Braille subscriptions are sent free to the blind who are familiar with Grade 1½. These gifts are made possible by love offerings.

We also publish *Good Business, Progress, Wee Wisdom, Unity, Weekly Unity,*

and *Unity Sunday School Leaflet* at \$1 a year each.

Entered as second-class matter June 13, 1924, at the post office at Kansas City, Missouri, under the act of March 3, 1879. Accepted for mailing at the special rate of postage provided for in sec. 1103; act of Oct. 3, 1917, authorized June 13, 1924.



DAILY WORD

Vol. 37

AUGUST, 1942

No. 2

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Stately and tall, as pictured on the cover of DAILY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

MY HAND IN HIS

Elizabeth Barr Haas

No matter if the hill looms steep,
A test of fiber, brain, and power,
My hand is placed in God's own hand,
My strength is equal to the hour.
My faith, invulnerable to harm,
Stands like a fortress or a tower.

A thousand times one thousand times
His love has led me safely through
To peaceful waters, calmer skies,
To greener pastures than I knew.
And so I trust Him now and keep
My faith alight, my purpose true.

My eyes are clear; they see beyond
The present darkness to the light;
And softly as I move in faith
The pathway opens on my sight.
I trust God's will for me. I know
His love is making all things right.

Accept Your Good

BERNICE MINTER

WHAT THE world is undergoing today is, more than anything else, a change in the economy of its thinking. Almost overnight man is being aroused out of his somnolent, self-satisfied ways and precipitated into a stepped-up tempo of living, working, earning, spending; and a metamorphosis is taking place in his thinking and in his spiritual understanding.

Great changes are taking place in the industrial life of cities and communities. Almost overnight long-established businesses are being closed down, and new ones are being born. Men who have for years devoted themselves to one line of effort and expression are suddenly faced with the necessity—and the opportunity—of discovering new talents, new outlets for the expression of their abilities. Those who are alert and nonresistant to outer developments, those who are unperturbed and confident and positive in consciousness, swing into the change without difficulty or regret.

The ability to cope with present-day demands and experiences and to profit by them depends upon our attitude of mind and heart and the degree to which we keep ourself ready and receptive

to our good in whatever form it may appear. Regardless of what takes place in the world around us, we can be sure of one thing, and that is that God's good is ever available to us. As long as there is no interference or restriction caused by our own limited thinking, His good flows to us in a free and bountiful stream.

Resistance to this outpouring of good is often set up by our own attitude of fear, willfulness, selfishness, stubbornness, resentment, and the like. The overcoming of these un-Christlike states of consciousness removes resistance to the good and opens the way for the blessings of the Father to be made manifest. Too many times we are so determined to go in a certain direction, so set in our desire to have certain things or to cling to what we have, that we completely close the door to new and better conditions and experiences.

Life is a process of continual change and development and growth. If we are to progress and keep step with the forward movement of life, we must be flexible enough in mind and heart and consciousness to accept changes when they come. And they will come; we can be very sure of that. We would not have it otherwise. Not one of us wants to stand still, to stagnate, to become crystallized in one place, in one line of thinking, in one pattern of living.

Do not let anyone tell you that this is a hopeless time of restriction and curtailment and destruction. This is a revolutionary time, a time of awakening and reconstruction upon a new and firmer and better foundation than ever before.

If you are one who is directly affected by some change that is taking place in outer affairs, be thankful for the opportunity you now have of entering into new blessings, of letting go if need be of old things, even those things which seem to you to be very good and dear and much to be desired. Better things are at hand for you. Never doubt it. Accept it! Never a door to one form of good closes but another, a better, will open. Do not waste a moment in regret or discouragement or resignation to an evil lot, but devote every moment to discovering your new blessings, the new opportunities, the new joys and attainments that are before you.

Many of you are saying, "Oh, if the peace would only hurry and come so that we can go back to our old way of life, our good, comfortable, easy, pleasant old way of life." There will be no going back. We would not go back if we could. The old way of life was good while it lasted, and we are grateful for every blessing it brought, grateful for its rich experiences and the preparation it gave us for this present moment

and the next to come. Beyond that we dismiss it and let it go.

This is a time of change, of readjustment. Welcome it. Profit by it. Make it yield you an abundant harvest. You can do it if you will. You can determine whether you are to be a victim of circumstances, or a triumphant, happy, successful individual. No matter how drastic may seem the change in your life, in your occupation, in your place or mode of living, in your surroundings or associates or activities or anything that concerns you, good is in it for you if you know how to look for it and accept it and make it your own.

During this time of readjustment and revaluation and reconstruction we need to know constantly that God is at hand and that good is at work in our life and affairs. No matter how distasteful or undesirable or wrong a person or a situation may appear to be, there is good present that is capable of being drawn forth into a rich blessing. But we cannot see this good if we stubbornly refuse to do so, if we blind ourself to it by anger, obstinacy, condemnation, stiff-necked resistance, or rebellion.

We can most easily and quickly overcome fear, discouragement, or resistance to changes by realizing that we are one with God and one with all His universe, one with His good in all creation.

We do not fear outer things when we realize that we are one with the good in them. We do not rebel against alterations and changes and new developments when we know that good will come out of them for us.

Scenes and times and circumstances change, but God is eternal and unchanging. His good also is eternal and unfailing, eternally present in the world and in those who keep themselves open and receptive to it. We keep the channel of reception open when we let go of resistance and fear, when we keep our thinking clear and our trust centered in God. Then no matter what may come we remain poised and serene in the knowledge that only good can prevail. With our inner eye of faith steadfast on the good we know to be present, we "resist not him that is [appears to be] evil" and our way is blessed by God Himself.

God is our refuge and strength,

A very present help in trouble.

*Therefore will we not fear, though the earth do
change,*

*And though the mountains be shaken into the
heart of the seas;*

Though the waters thereof roar and be troubled,

*Though the mountains tremble with the swelling
thereof. . . .*

Jehovah of hosts is with us.

Prayer for a Loved One

R. H. GRENVILLE

You are going now, perhaps to the brightness of the day, perhaps to the quiet watches of the night.

Out of my sight for a little while you must go, and out of the reach of my hands. But He that is with me is with you also. Where is it that He is not?

Therefore in trust and thankfulness I give you into His care, who made the world and made it "very good."

I know that nothing whatever can harm you, neither the tangible forces of the material world nor the fear of things unseen.

When men think of you they think in terms of kindness, for His love surrounds you. When men have dealings with you they deal fairly, for you know and express His justice.

In the morning when you awake and in the evening when you close your eyes you are sustained and strengthened. You enjoy clearness of vision, strength of limb, soundness both of mind and body, for His wholeness is in you.

Though you may not always know your destination, nor the manner of your going, you are at peace. For He in whom you trust is all-knowing; and paths are opened to you where before there were none.

From harm of the body and confusion of the spirit you are protected. From belief in the world's shadows or doubt of divine truth you are delivered. Upright you walk and confident, knowing your heritage. And those who walk with you and love you are uplifted also, for the mantle of His love is very wide and the power of His word eternal. "Lo, I am with you always."

Set God before You

EVEN THOUGH travel for pleasure has been somewhat curtailed for the present, vacation time this year again finds a large number of people seeking rest, diversion, relaxation, and pleasure. Instead of long auto trips, or lazy boat cruises, or swift jaunts by airplane, vacations this year will for many be quite different from previous ones. Some persons will spend them quietly in the country, some in making long-put-off visits to near-by friends or relatives, some in working about the home or in the garden, some in doing long-desired reading, resting, studying.

This is good, for the primary purpose of any vacation is to provide a rest, a change, from the everyday routine, an opportunity for refreshment and renewal of the inner as well as the physical man. While some persons find the keenest happiness in travel and the exploration of new places and scenes, others find equal joy and relaxation in a tramp through the woods, in the pursuit of a cherished hobby, in golfing or swimming, or in some other sport or diversion. Whatever provides one with a new stimulus, a sense of inward satisfaction and vitality, is beneficial and revivifying.

So let us bless our vacation, wherever and however it is spent. Wherever we are, whatever we are

doing, the Spirit of God is in our midst. His Spirit is a mighty comforting, protecting, directing presence, ever watching over us and attending us on our way. Let us start out each morning in the consciousness that God is with us, making clear, safe, happy, and perfect our way. If we will invoke His blessing when we first awaken in the morning and when we retire at night, we can be sure that His love and power will overshadow us throughout the day and night. This prayer is an effective one to use:

I set God before me this day to guide, to govern, to protect, and to prosper me.

When we set God before us for the day, we find it easy to replace fear with confidence in God's ever-present help, thoughts of anxiety with thoughts of assurance, tenseness and irritability with love and joy and harmony.

When we invoke the guidance and protection of the Father, we can be sure that His love not only protects us from physical danger but also insures the safety of our personal possessions and all that is ours. Many a Truth student has proved the value of speaking the foregoing prayer or some other word of blessing not only for the vehicle in which he was traveling—auto, train, bus, airplane, boat—but also for his luggage, his pocketbook and money, his tires, his trailer, his

tent, his radio, his food, his camera, and other articles of importance.

In the case of a stalled motor or other mechanical difficulty the word of blessing has been instantly effectual, and there are countless testimonials to the way in which prayer has protected vacationists from troublesome flat tires, dangerous roads, accidents, and similar experiences.

No matter how it is spent, our vacation is an excellent time for us to develop a fuller awareness of, a deeper sense of close companionship with, the Father in whom we forever live and move and have our being. Our vacation will be an enriching spiritual experience indeed if we take time consciously to "abide under the shadow of the almighty" and to grow in love and reverence toward God.

Silent Unity gives special prayers during the vacation season so that every vacationist may be blessed with wisdom, joy, safety, peace, and plenty. Those of you who will be traveling at night will find helpful ideas in the article "Night Drive" beginning on the next page. For every one of you we invoke the benediction of the Father, and we rest in the assurance that He momentarily guides, guards, governs, prospers, and blesses you.

"God, which dwelleth in heaven, prosper your journey, and the angel of God keep you company."

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Night Drive

ELIZABETH SEARLE

“**G**OD sees through my eyes without strain or irritation.” This is the affirmation I held through two and a half hours of night driving recently. We were making an all-night drive, and I had the first chance to rest. However I had barely dozed off, it seemed, when it was my turn again to drive. My eyes were smarting, and my vision was none too clear when I slid under the driver’s wheel. But my brother was too sleepy to drive any longer, and I knew the job was up to me.

I began to think about my eyes and how wonderful they are. Then I realized not only that I saw through my eyes but also that God saw through my eyes; and I held tight to the affirmation given above. Immediately my eyes stopped burning, and I felt wide awake and equal to the task. My eyes relaxed, I was no longer fighting to keep them focused on the road ahead. I began to enjoy the drive I had so dreaded. In order to avoid straining my eyes by staring constantly at the blackness beyond the flash of the headlights I blinked frequently and looked at objects on either side of the road.

The moon peeked rosily over the horizon and in a few minutes was a gleaming white disk high in the sky. It shed its silvery light over the countryside so that I could easily make out the farmhouses we passed. Little rabbits scampered warily across the road, and an occasional jackrabbit tried racing the car.

The speedometer ticked off the miles uneventfully, and always present in my mind was the thought that it was God who was seeing through my eyes, therefore no strain could develop. In no time at all, it seemed, my brother was awake and ready to take the wheel. I was amazed to discover that I had been driving for two and a half hours. My eyes still felt fresh and rested, and I was full of the night beauty that I had absorbed.

The demonstration I had made was a small one perhaps. Yet the more easily one demonstrates in little things the more success he will have in meeting the larger problems. I know that never will that particular bogey "night driving" have any power over me again.

"God sees through my eyes without strain or irritation."

Those who cannot forgive others break the bridge over which they themselves must pass; for everyone has need of forgiveness.—*Selected.*

AUGUST 1

Saturday

THE NAME OF JESUS CHRIST IS A TOWER OF
STRENGTH AND STABILITY TO ME.

WHERE could I turn to find greater peace, stability, strength, and security than are found in the name of Jesus Christ? To speak His holy name, to meditate upon all that it implies, is to align myself with the most powerful agent of help and protection available to me.

No matter where I am, what I am called upon to do, or what tasks or dangers confront me, I can speak the name of Jesus Christ with courage and faith in His willingness and power to be with me and help me in every situation.

The name of Jesus Christ contains all that God is. When I speak His name I am drawing upon the one infinite source of life, love, intelligence, substance, and power. I now speak the name of Jesus Christ quietly and confidently, and abide in the assurance that He is always with me, my defense and my deliverance.

In His name I am safe and secure. In His name I rejoice!

*The name of Jehovah is a strong tower;
The righteous runneth into it, and is safe.*

—PROV. 18:10.

Sunday

AUGUST 2

THE GRACE OF JESUS CHRIST IS EVER WITH ME, AND MY SALVATION IS ASSURED.

WHEN Jesus Christ was a little child it was said of Him that He "grew, and waxed strong, filled with wisdom: and the grace of God was upon him." Again John told us that "grace and truth came through Jesus Christ."

The grace that Jesus Christ knew and bequeathed to all Christians is a spiritual power that sets men free from the effects of sin and unrighteousness. It is not concerned with the soul's salvation alone but with the salvation of the whole man. A study of the Gospels shows plainly that the ministry of Jesus was one of complete salvation. His grace extended to all people and to every experience in life. His ministry was one of healing, prospering, protecting, forgiving, loving, and blessing everyone who came to Him for help.

To have the fullness of grace and salvation we must "be born anew." We must come into Truth with the whole man and build a new way of life. The grace of Jesus Christ makes spiritual rebirth a joyous experience.

✿ *For the grace of God hath appeared, bringing salvation to all men.*—TITUS 2:11.

AUGUST 3

Monday

I AM WISE WITH THE WISDOM OF THE CHRIST MIND. I ALWAYS KNOW JUST WHAT TO DO.

THE MIND of Jesus Christ was eternally unified with God-Mind, therefore He expressed only divine wisdom in thought, word, and deed. I too have direct access to the mind of God which so wisely directed Jesus in His ministry, and I too am divinely guided in all my ways.

I do not have to contrive and plan and labor to attain my good. God has already prepared infinite good for His children, and as I fulfill His plan for my life I am led into the fullness of good. My obedience to the guidance and direction of the Christ mind in me makes my way easy and assures me of success. My progress is not delayed by mistakes, confusion, disappointment, lack, or inharmony of any kind, for I keep my eye single to the Christ light and follow its path. All my mental, physical, and spiritual efforts yield only good to me and to the world, because I acknowledge and co-operate with the wise, all-knowing mind of God in all that I think, say, and do.

• *Here is the mind that hath wisdom.*—REV. 17:9.

Tuesday

AUGUST 4

THE JOY OF JESUS CHRIST FLOWS THROUGH
ME CONTINUALLY, AND I AM ALWAYS
JOYOUS.

JESUS CHRIST has often been portrayed as a sorrowful, persecuted man, with no time for inclination to be joyous. However upon a closer study of His life we find that He was almost constantly joyous and happy. There are many passages in the Gospels that tell of His being with friends who loved Him and of His making merry with them. Surely a sad and sorrowful man would not have been so popular, nor would He have been able to enter so wholeheartedly into the spirit of joy expressed by His friends.

"Rejoice with them that rejoice," wrote Paul to the Romans. Even as Paul knew the value of joy, so must every individual learn it if he is to progress spiritually and live life to the fullest.

Let us therefore strive to rejoice with everyone who rejoices in the good, both manifest and unmanifest, and strive to express the same spirit of joy that made Jesus Christ so popular and so well beloved.

✿ *In the same manner do ye also joy, and rejoice with me.*—PHIL. 2:18.

AUGUST 5

Wednesday

THE LIFE OF JESUS CHRIST RENEWS, HEALS,
AND SUSTAINS ME.

JESUS CHRIST, the Son of God, was the perfect-man idea in God-Mind. Recognizing His divine origin, Jesus demonstrated perfect health in His body temple. Teaching the divine origin of all people, He healed thousands of every kind of disease.

I believe that Jesus Christ came to teach me, also a son of God, the truth about health. I believe what Jesus taught His followers: that my divine inheritance is a perfect body, free from pain, suffering, or inharmony of any kind.

I therefore endeavor to see my body as a spiritual expression, unfettered and unbound by any mortal thought. I know that the eternal, unchanging life of Jesus Christ flows freely through every part of my body, renewing, healing, and sustaining me. I am not subject to the limitations of the race consciousness. I am subject only to life, health, and perfection. In the life of Jesus Christ I am eternally whole and free.

✿ *That ye may believe that Jesus is the Christ, the Son of God; and that believing ye may have life in his name.*

—JOHN 20:31.

Thursday

AUGUST 6

IN THE FREEDOM OF JESUS CHRIST I AM FREE,
UNBOUND, TRIUMPHANT!

MOST OF us do not know what real freedom is. Some of us try to defy the laws of God and man in our attempt to be free, with the result that we experience even more bondage.

The only true freedom is in Spirit. Only as we recognize and obey the divine law can we enter into the enjoyment of life, liberty, and all the other good things that God has prepared for us. This is what Jesus meant when He said, "Ye shall know the truth, and the truth shall make you free."

Jesus Christ is our greatest example of a free man. He could conform happily to all the laws of God and man without being bound by them. Indeed He knew that His personal and spiritual freedom depended upon His obedience. So it is with us. If we want to be truly free we must obey the whole law, spiritual, mental, moral, social, and physical. Only through obedience can we rise out of bondage and enjoy the true freedom of Christ.

✿ *For the law of the Spirit of life in Christ Jesus made me free.*—ROM. 8:2.

AUGUST 7

Friday

MY SUPPLY AND SUCCESS ARE FOUNDED UPON THE ENDURING RICHES OF JESUS CHRIST.

THROUGH an understanding of what comprises spiritual riches we demonstrate material supply more fully and completely. The riches of Spirit are faith, love, joy, peace, good will, integrity, honesty, and all other Christ-like attributes.

Jesus Christ was the richest man spiritually that the world has ever known, therefore He could demonstrate immediately from the changeless, enduring substance of God whatever it was necessary for Him or His followers to have.

"God . . . giveth us richly all things to enjoy," but we must first link our need to the source of supply by being receptive to the ideas that create and bring forth good. Our prosperity and success depend upon our realization and expression of spiritual riches and our obedience to the law of mind action that creates prosperity. We must express the riches of Spirit in ways that serve our fellow men before we can have material wealth.

✿ *And my God shall supply every need of yours according to his riches in glory in Christ Jesus.—PHIL. 4:19.*

Saturday

AUGUST 8

THE LOVING-KINDNESS OF CHRIST MAKES ME
COMPASSIONATE AND MERCIFUL.

IN ALL my relations with my fellow men I want to express the spirit of loving-kindness that characterized the relations of Jesus Christ with people. I want to be understanding as regards those who need human help and encouragement along the way. I want to be compassionate of those who have fallen short in their efforts to live up to their highest ideals. I want to show the mercy of Christ in my attitude toward those who need clemency and deliverance from bondage to past mistakes and present weaknesses. I want to honor the Christ Spirit in all men everywhere, and I can do this only by recognizing it and being kind to it.

In expressing the loving-kindness of Jesus Christ toward all persons I am releasing a spiritual force that will overcome every thought of enmity, hate, and fear. Thus I am helping to establish heaven on earth, a state wherein only peace, joy, co-operation, and brotherly love can reign.

☛ *Be kindly affectioned one to another with brotherly love; in honour preferring one another.—ROM. 12:10 (A. V.).*

AUGUST 9

Sunday

THE PEACE OF JESUS CHRIST FILLS MY MIND,
MY HEART, AND MY WORLD, AND I RADIATE
ONLY PEACE.

As a conscientious Truth student I realize that peace is an individual matter, that it must be established in my own mind and heart before I can contribute anything to world peace. Therefore I resolve to think peace, feel peace, and radiate peace.

In my new consciousness of peace there is no room for even the slightest feeling of hatred toward any so-called enemy; there is no resentment toward anyone because present circumstances demand many strenuous adjustments; there is no criticism of the leaders of our government or of our defense forces.

I co-operate wholeheartedly in thought and activity with everyone who is working for peace, regardless of the method used. I agree with the forces of good wherever and however they work. I am concerned only with peace, the harmonizing, unifying peace of Jesus Christ. "Peace" is my word of blessing for the world.

☛ *Let your peace come . . . let your peace return to you.*
—MATT. 10:13.

Monday

AUGUST 10

I HAVE THE MIND OF CHRIST, AND I EXPRESS
IT FULLY.

GOD HAS no medium of expression except that which man provides for Him. God thinks His thoughts through the human mind, pours His love through the human heart, and renders His help through human deeds.

Jesus Christ was the most complete channel of expression for God that the world has ever known. He unified His mind so perfectly with God-Mind that He became the Way-Shower, a guide for us in the practical application of spiritual truths. We are told: "Have this mind in you, which was also in Christ Jesus." We should not have been exhorted to do this were it not possible.

There is but one mind, the mind of God. Man's mind is a part of that mind. Therefore it is possible for us to express Divine Mind fully and perfectly, as Jesus Christ did. The mind of Christ is the mind wherein we see and know only absolute Truth, wherein we manifest only health, happiness, wisdom, peace, prosperity, and well-being.

✿ *We have the mind of Christ.*—I COR. 2:16.

AUGUST 11

Tuesday

THE LOVE OF JESUS CHRIST MAKES ME LOVING TOWARD ALL PERSONS.

LOVE HAS been called the greatest thing in the world, and surely love as Jesus Christ expressed it is the most powerful force we know anything about. "Love your enemies" and "do good to them that hate you . . . pray for them that despitefully use you."

The teaching of Jesus concerning love may sometimes seem difficult to follow, but if we try it we shall find that it is the most effective means of dealing with persons and situations in our world. Never in the world's history have we had a better opportunity to prove the power of love to overcome hatred and strife than we have at the present time.

Only by loving all men, all races, and all nations with the pure, all-encompassing, redeeming love of Jesus Christ can we ever hope to have the peace we desire. It is only when divine love controls all our thoughts, words, and actions that we are able to fulfill the teaching of Jesus Christ concerning love.

✱ *Love one another, even as I have loved you.*—JOHN 15:12.

THOUGHT, 68-page
Magazine, \$1.00 per year.
UNITY, Monthly Paper,
50 cents per year.
Metaphysical Series,
15 cents per copy



METAPHYSICAL
BOOK DEALERS
AND PUBLISHERS,
820 Walnut Street,
KANSAS CITY, MO.

Dedication and Covenant.

We, Charles Fillmore and
Myrtle Fillmore, husband and wife,
humbly dedicate ourselves, our time, our
money, all we have and all we expect
to have, to the Spirit of Truth, and through
it, to the Society of Silent Unity.

It being understood and
agreed that the said Spirit of Truth
shall render unto us an equivalent
for this dedication, in peace of mind,
health of body, wisdom, understanding,
love, ^{life} and an abundant supply of
all things necessary to meet every
want without our making any of these
things the object of our existence.

~~For~~ In the presence of the
Conscious Mind of Christ Jesus, this
7th day of December, 1892

Charles Fillmore
Myrtle Fillmore

Dedication and Covenant

The message reproduced on the opposite page embodies the ideal that has governed the Unity work through nearly fifty years of successful growth and enriching ministry. Today we reconsecrate and rededicate ourselves to this ideal in order that we may ever grow and increase in spiritual strength and in service to mankind.

The text of the covenant is this:

We, Charles Fillmore and Myrtle Fillmore, husband and wife, hereby dedicate ourselves, our time, our money, all we have and all we expect to have, to the Spirit of truth, and through it, to the Society of Silent Unity.

It being understood and agreed that the said Spirit of truth shall render unto us an equivalent for this dedication, in peace of mind, health of body, wisdom, understanding, love, life and an abundant supply of all things necessary to meet every want without our making any of these things the object of our existence.

In the presence of the Conscious Mind of Christ Jesus, this 7th day of December, A. D. 1892.

CHARLES FILLMORE
MYRTLE FILLMORE

THE PATIENCE OF JESUS CHRIST MAKES ME PATIENT AND FORBEARING IN ALL THINGS.

PATIENCE is not a passive waiting on the Lord, a waiting for Him to make His blessings manifest to us. Rather it is an expression of active faith and trust, a knowing that all is well in the Father's kingdom, and that all will be well with us when we have learned how to abide in His kingdom.

Jesus Christ was infinitely patient. No chafing thoughts, no hasty words, no regrettable deeds ever colored His actions or caused Him to lose His spiritual balance. "In your patience ye shall win your souls," He said. He was telling us that we can grow spiritually and come at last into Christlike understanding and attainment only as we "let patience have *its* perfect work" in us.

The Father's kingdom of good is always ready and waiting for us, but impatience often blocks our entrance into it. Today I will let no impatient thought, word, or deed retard my progress toward realization of the fullness and perfection of God's kingdom. Today I will be patient.

* *Having heard the word, hold it fast, and bring forth fruit with patience.*—LUKE 8:15.

AUGUST 13

Thursday

THE PRESENCE OF JESUS CHRIST IS MY SECURITY AND MY DEFENSE.

THE PROMISE of Jesus Christ "Lo, I am with you always" is one of the most comforting He ever made to His followers. Because of this assurance I know that He is with me every moment of every day and night. His love infolds me, His wisdom guides me, His presence protects and blesses me.

There is nothing to fear where the presence of Jesus Christ is, therefore I need never be afraid of any inner or outer foe. There is no lack of life, light, love, or substance where the presence of Jesus Christ is, therefore I cannot be sick, misguided, mistreated, or impoverished. The presence of Jesus Christ is my deliverance from any misfortune that may have overtaken me and my defense against future adversity.

I live, move, and have my being in the presence of Jesus Christ. Dwelling in His presence, I am assured of all that makes life full, secure, glorious, and perfect.

*Whither shall I go from thy Spirit?
Or whither shall I flee from thy presence?*

—PSALMS 139:7.

THE UNSELFISHNESS OF JESUS CHRIST PROMPTS ME TO GIVE FREELY AND GENEROUSLY.

THE unselfishness of Jesus Christ should be our standard for giving. He was never too busy or too indifferent to give Himself, His time, His love, His wisdom, His energy, in service to others.

The desire to give of ourselves and our material possessions is born of an inner realization of our divine capacity for giving. The Christ Spirit in us knows that we must give fully and freely in order to be happy and to grow spiritually.

Our giving need never be confined to material or monetary gifts. Every person has something to give to his fellow men, to the world. If we are guided by the unselfishness of Jesus Christ we shall find many ways of expressing our particular gift to bless mankind. Many times a smile, a word of cheer, a prayer, or a small act of kindness will mean more than any material gift we could give. If we give lovingly and unselfishly of our indwelling Christ Spirit, we shall be rendering our fellow beings the greatest possible service.

✿ *Freely ye received, freely give.*—MATT. 10:8.

AUGUST 15

Saturday

THE LIGHT OF CHRIST ILLUMINES MY SPIRITUAL AND PHYSICAL VISION, AND I SEE PERFECTLY.

IT is written of John that "he . . . *came* that he might bear witness of the light." This light referred to is Christ, "the true light . . . which lighteth every man."

Every person has within him the capacity to radiate the light of Christ in all its fullness and glory. As long as we keep our mind and heart unclouded by thoughts of darkness or limitation, the light of Christ shines through us to illumine and bless our way. But the moment we entertain thoughts of fear, worry, anxiety, or limitation of any kind, our spiritual eye is darkened, and our physical sight becomes clouded.

We should therefore keep our eye single, beholding only the goodness of God, if we wish to have clear physical vision. Let us look at all things with the "true light" of the Christ vision, and we shall not only see God's perfect world as He created it, but we will also have perfect eyesight. We will see clearly and unerringly.

☛ *If therefore thine eye be single, thy whole body shall be full of light.*—MATT. 6:22.

THE HAPPINESS OF JESUS CHRIST INSPIRES AND GLADDENS MY LIFE.

HAPPINESS is not an emotion that keeps us exuberant all the time. It is the spirit of quiet joy that assures us that all is well even in the face of adversity.

Jesus Christ's doctrine was one of happiness. Jesus taught us that God's will for us is happiness. He understood the Father's will and obeyed it so completely that He was possessed of an inner peace that events of the world could not disturb. In the face of unbelief, criticism, and stinging condemnation He was poised and quiet, expressing a quality of happiness that could not be destroyed by His enemies. This was the secret of His popularity and success and of His victory over negation and finally death itself.

Over and over again Jesus bade His followers to rejoice in the love and goodness of the Father. He knew the value of keeping heart calm and happy, and He knew that true happiness comes to us only in the fulfillment of the Father's will.

*Then are they glad because they are quiet;
So he bringeth them unto their desired haven.*

—PSALMS 107:30.

AUGUST 17

Monday

I EXERCISE THE FAITH OF JESUS CHRIST, AND
ALL THINGS ARE POSSIBLE TO ME.

FAITH IS an innate quality in everyone. But it must be developed through prayer, meditation, and practice. Faith as Jesus Christ knew and exercised it is a mental attitude of acceptance of the eternal, unfailing goodness of God and of His ability to work miracles through man.

Today we are often faced with the question, "Why are not people of the present time able to work miracles just as Jesus did?" Occasionally we hear or know personally of some event that seems to be miraculous, but miracles should be the rule of our life rather than the exception. And they would be had we not overlooked in our spiritual endeavors the simple truths that Jesus taught.

Jesus promised His followers that they should do even greater works than He did, indicating that we have the capacity to develop the same faith and power that made the accomplishment of miracles easy for Him. All things are possible to us when we exercise the faith of Jesus Christ.

✿ *Christ liveth in me: and that life which I now live in the flesh I live in faith.*—GAL. 2:20.

Tuesday

AUGUST 18

THE ORDER OF JESUS CHRIST BLESSES MY LIFE, AND I HAVE TIME FOR EVERYTHING I NEED TO DO.

"**T**IME" is the name that man has coined to define a portion of eternity. In Spirit time is eternal. However a system of measuring time, dividing it into units such as hours, days, years, is good because it demands order, promptness, and regularity. Jesus Christ made time His servant, not His master. Therefore He had time to do all that was required of Him in the fulfillment of His divine mission.

If we co-operate harmoniously with time, we shall never feel that it limits our freedom or our ability. We shall have time to do everything that we need to do; our work will be done efficiently and promptly; we shall always be in our right place giving the service that is pleasing to God; we shall have time to pray, to do kind things for others, and to enjoy each day fully. No sense of hurry can disturb us when we realize as Jesus Christ did that our life is unfolding joyously and beautifully according to God's perfect plan.

✿ *For everything there is a season, and a time for every purpose under heaven.—ECCLES. 3:1.*

AUGUST 19

Wednesday

THE COURAGE OF JESUS CHRIST MAKES ME
FEARLESS AND DAUNTLESS.

THE LIFE of Jesus Christ is our best example of courageous living. No doubt many persons' lives have very nearly reached the height of courage that He exemplified, and we know that we shall yet attain it if we persist. The courage that filled His heart and made Him brave and strong in the face of moral and physical danger is also our courage.

It often takes faith and courage to uphold and defend what we know to be right, but God has assured us that He is always on the side of the right, and we can be sure of victory in any situation that we face with courage and fortitude. These are times when more than ever we should "be courageous, and be valiant."

Let us take the courage of Jesus Christ as an example to emulate in our own life. Then we shall become God's agent, fearless and dauntless, through whom He can work fully and gloriously to establish liberty, justice, righteousness, and peace in the world.

✿ *Deal courageously, and Jehovah be with the good.*
—II CHRON. 19:11.

Class Thoughts _____

TO BE USED FROM

August 20 to September 19

The affirmations on this page, known as the Unity Class Thoughts, are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity.



At 11 a. m. use this thought for

ILLUMINATION . . . *Christ in the midst of me inspires and guides me.*

At 12 noon use this thought for

PROSPERITY . . . *Christ in the midst of me multiplies and increases my thoughts of plenty, and I am bountifully supplied.*

At 9 p. m. use this thought for

HEALING . . . *Christ in the midst of me is mighty to heal, and I am now perfectly restored to health.*



The lessons on the following three pages are based upon these class thoughts.

AUGUST 20

Thursday

CHRIST IN THE MIDST OF ME INSPIRES AND
GUIDES ME.

THE CENTRAL thought in our prayer for to-day and the two days following is "Christ in the midst of me." What is this "Christ in the midst of me"? Does Christ actually dwell within us? How do we know this to be true?

The Bible tells us that we are "all sons of God," created in the image and after the likeness of God, our Father. Since God is perfect, His creation, ideal man, is perfect. God has put His divine essence in us, the pattern of the ideal man that we are to demonstrate or manifest. We call this ideal man, the God self individualized in man, the Christ. The Christ is the divine Son of God in process of complete expression in us. He dwells within us, our never-failing guide and the source of our inspiration.

At first we accept this proposition purely on faith. Then we gain an intellectual conception of the indwelling Christ, but the actual revelation of this Christ eventually comes to us intuitively, and it is beyond words to describe.

● *Christ is . . . in all.*—COL. 3:11.

Friday

AUGUST 21

CHRIST IN THE MIDST OF ME MULTIPLIES
AND INCREASES MY THOUGHTS OF PLENTY,
AND I AM BOUNTIFULLY SUPPLIED.

THOUGHTS of plenty are the seeds from which prosperity grows. They are nourished and increased by Christ in the midst of us, and come to fruition in the form of abundant supply for every need.

It is a law of mind action that whatever we give our mind to, that we demonstrate in our life. Conversely, whatever conditions we are now facing in our life are here because we "minded" them in the past. If we would change the conditions of our life, we must give our attention to what we want instead of to what we do not want.

Let your mind now be filled with thoughts of plenty. See plenty everywhere. If outward appearances indicate poverty, lack, or a shortage of some kind, resolutely turn away from them, and declare that the infinite abundance of God is manifest for you. Christ in you will increase and multiply your thoughts of plenty, and cause them to become manifest.

✿ *Of him, and through him, and unto him, are all things.—ROM. 11:36.*

AUGUST 22

Saturday

CHRIST IN THE MIDST OF ME IS MIGHTY TO
HEAL, AND I AM NOW PERFECTLY RESTORED
TO HEALTH.

THE MIGHTY power of the Christ indwelling in you now heals, invigorates, renews, and restores you. You are made whole in every cell, every organ, throughout your whole being. Health is yours in mind, body, and affairs.

Pain and suffering do not belong to you. Christ in you now sets you free from them. His life, the life that makes all things new, now courses through your blood stream, cleansing and revivifying you.

Man may say, "You are sick," but the Christ in you says, "You are a perfect child of God, and you now manifest perfect health in His name." The Christ in you heals you now, this moment, not at some indefinite time in the future. Do not let your healing depend upon the passage of time or the fulfillment of some outer condition. Accept it now. Recognize the presence of Christ in you as perfectly healing and restoring you this instant. Obey His command "Child of God, arise!" Prove your faith by acting upon it.

☛ *I will; be thou made clean.*—LUKE 5:13.

THE PRESENCE OF JESUS CHRIST BLESSES MY
LIFE AND MY HOME WITH STILLNESS TODAY.

STILLNESS is an indication of spiritual security. Jesus Christ was a master of the art of being silent in time of trial. On many occasions in His life His silence was the most effective means He could have employed to prove His divine superiority to the conditions that beset Him. His refusal to speak when He was criticized and condemned was His strongest defense, for it showed that He did not need to prove what He knew to be true of Himself.

Today I shall practice the stillness of Christ. I need not go apart from the world, but I can be still and peaceful wherever I am and in whatever I am doing. I shall keep my mind and heart free from anxiety and my home free from commotion or disturbance of any kind. This holy Sabbath day is my time to receive rest and renewal so that I may deal masterfully with all the tasks and problems that may arise during the coming week. Today I dwell in the stillness of Jesus Christ.

*Whoso hearkeneth unto me shall dwell securely,
And shall be quiet without fear of evil.*

—PROV. 1:33.

AUGUST 24

Monday

THE CONFIDENCE OF JESUS CHRIST MAKES ME SURE OF SUCCESS IN ALL THAT I UNDERTAKE.

EVERY MAN in business knows that his success depends largely upon his confidence in himself and in the work he is doing. Likewise he knows that his organization is benefited when he selects employees who have confidence in their ability to do the job assigned to them.

Self-confidence is not egotism. It is the assurance of the Christ within that we can do anything we set our mind, heart, and hands to. Can you imagine Jesus Christ ever failing to accomplish any task before Him, whether it was one of His own choosing or one set by someone in need?

When we have confidence in our own ability, we are not depending upon our human power alone, but we are expressing faith in and laying hold of the greater spiritual power that is innate in every living soul. Every thought, word, or act of confidence develops our capacity for Christlike achievement and makes us infinitely more valuable to the world wherever we are.

✿ *Being confident of this very thing, that he who began a good work in you will perfect it.*—PHIL. 1:6.

THE STRENGTH OF JESUS CHRIST MAKES ME STRONG AND UNAFRAID.

THE STRENGTH that Jesus Christ exhibited under trial is my constant help and inspiration. I know that I have within me the same spirit of strength that made Him strong and courageous as He faced Pontius Pilate. Within my heart is the same high-spirited fortitude that sustained and upheld Him on every occasion.

In every crisis of my life I am supported and abetted by the strength of Jesus Christ. No matter what I have to meet now or in the future, I am strong and unafraid, because I know that Truth is stronger than error, that love is stronger than hate, that right is stronger than might, and that peace must eventually prevail in the earth.

Because I am strong and unafraid I am a stabilizing factor in the lives of other persons. All who come under my influence are encouraged and uplifted because they feel the divine strength of Jesus Christ as it flows through me fearlessly and joyously to bless the world. I am strong and unafraid.

✿ *I can do all things in him that strengtheneth me.*
—PHIL. 4:13.

AUGUST 26

Wednesday

THE SUBSTANCE OF JESUS CHRIST FILLS MY EVERY THOUGHT AND WORD, AND I BRING FORTH ONLY CHRISTLIKE CREATIONS.

OUR thoughts and words always create according to their nature. If we think and talk of illness, lack, fear, hate, and other negative things, we soon see the effect of our wrong thoughts and words upon our body and affairs. What a privilege it is to be able to choose our thoughts and words and to put into them the same substance and power that made the thought and speech of Jesus Christ so effective.

People who came to Him for help of any kind knew that He had only to speak the word and the blessing they sought would appear. In the case of the healing of the centurion's son, Jesus was not present at his bedside, but His words were so full of life and power that the healing was effected.

From this day forward I shall endeavor to fill my thoughts and words with the substance of Spirit. I shall keep my mind eternally one with the mind of God so that I, like Jesus, may conceive and express verbally only the ideas that are helpful and uplifting to mankind.

✿ *I . . . speak forth words of truth.*—ACTS 26:25.

Thursday

AUGUST 27

THE JUSTICE OF JESUS CHRIST GOVERNS ALL MY THOUGHTS AND ACTIONS, AND I EXPERIENCE ONLY DIVINE JUSTICE.

I AM just and upright in all my ways. The justice of Jesus Christ governs all my thoughts, words, and actions as I deal with my fellow beings. I do not try to get something for nothing, but give full value for everything received. I am just to my employers, because I work faithfully and do not waste time. I am just to my friends and loved ones, because I strive to behold only the best in them and call it forth. I am just to my country, because I give it my allegiance and gladly serve its people wherever I can. I am just to God, my Creator, by striving to be His perfect child.

Because I would not deal unjustly with anyone, I know that I cannot be dealt with unjustly. The love and righteousness of God work through me toward everyone and through everyone toward me. I hold fast to the standard of justice established by Jesus Christ, and I know that only peace, order, and justice can prevail in my world.

♣ *That which is altogether just shalt thou follow.*
—DEUT. 16:20.

THE POWER OF JESUS CHRIST GIVES ME AUTHORITY AND DOMINION OVER MY WORLD.

“AND God said, Let us make man in our image, after our likeness: and let them have dominion.” Jesus Christ was constantly aware of His divine origin; hence He always relied upon and exercised the power invested in Him by the Father.

In the record of Jesus' life we read of many instances when He stood firm in the face of scorn, criticism, betrayal, punishment, suffering, and tumultuous elements. Neither people nor events nor circumstances could do anything to shake His faith. The world with its problems and its challenges was His proving ground.

The Father has invested me with the same power that Jesus Christ exercised in His masterful overcoming. I too am daily proving the authority of Christ in me by remaining steadfast in the principles of Truth in the face of the present world upheaval. I look beyond appearances and rejoice that every day brings me closer to the perfect world that God wills for me.

☛ *I am full of power by the Spirit.*—MICAH 3:8.

IN THE NAME OF JESUS CHRIST I EXPRESS
TOLERANCE TOWARD ALL INDIVIDUALS AND
ALL RACES.

TOLERANCE of the social, political, and religious beliefs and practices of other people is more than indifference. It is an attitude of friendly interest, a desire to see the other fellow's point of view. It may be even more than this, for we are often called upon to be forgiving in our tolerance.

A healthy disagreement as to habits of thinking and living, as to secular and religious ideas, need not create intolerance. We should remember that our personal, national, and international life progresses only as it moves forward under the banner of freedom in thought, speech, and activity. Christ in us is our guard against destructive propaganda, and we are daily learning to sift out from a multitude of ideas those which are conducive to Christian unity and world peace.

Jesus was undoubtedly the most tolerant man the world has ever known, yet His tolerance was not weakness or indifference, but a contributing factor to His ultimate victory.

● *If it seem ill unto thee . . . forbear.*—JER. 40:4.

I TRUST MY FATHER AS JESUS CHRIST TRUSTED HIM, AND I AM ETERNALLY SECURE.

WORRY is an indication that we do not trust God, or that we ascribe greater power to something else than we do to Him. Jesus Christ did not worry. He had full and perfect trust in the loving-kindness, wisdom, and power of His Father to care for Him. He taught us that every need has its fulfillment in God and that perfect trust opens the way for His blessings to come to us.

Henceforth I shall not doubt God and His goodness by worrying. I know that He is better fitted to take care of me than I am of myself. Instead of turning to Him only when some situation arises that is beyond my human power to contend with I will trust Him with even the smallest details of my life and affairs. I will follow the example set for me by Jesus Christ and trust my Father wholeheartedly. Thus I shall be kept secure in health, happiness, safety, and prosperity, and my life shall be "hid with Christ in God."

✱ *I will trust, and will not be afraid: for Jehovah . . . is my strength and song.*—ISA. 12:2.

THE UNDERSTANDING OF JESUS CHRIST MAKES ME SYMPATHETIC AND HELPFUL.

UNDERSTANDING is the perceptive, knowing faculty of the mind. Our understanding is quickened and made complete when our mind is fused directly with the mind of God, which sees only good. Our present understanding is but a limited expression of divine or perfect understanding.

Like all the other powers of the mind, we develop understanding by patiently and persistently beholding the good in ourselves, in our fellow men, and in the world about us. We have been reminded that if we always seek to understand each other's motives and problems, we shall eventually disarm all hostility.

The innate desire of the human heart is to reach out in understanding to other hearts. It is the same desire that Jesus Christ fulfilled in His successful ministry to the children of men. When we express the understanding of Christ we are humanly sympathetic and at the same time divinely strong in beholding the good.

✱ *We know that the Son of God is come, and hath given us an understanding.*—I JOHN 5:20.

Good Cheer Is Catching

SOME time when you were discouraged or facing defeat, did you ever meet a sunny, understanding person whose influence seemed to change your whole world in a few minutes? You caught the contagion of your friend's good cheer and you were a different person. Wouldn't it be a pleasure always to have such a friend at hand to inspire and bless you?

PROGRESS is such a friend—a friend who tells you of your possibilities and challenges you to express your higher self.

When you are seeking the solution to some problem you may find just the help you need in the pages of this magazine. Its message is vital, encouraging, and friendly, and it contributes toward the fulfillment of your good.

PROGRESS contains stories, articles, poems, and many regular departments of human interest. Lovely photographs and illustrations make it one of Unity's most attractive periodicals. Let it come to you each month to cheer and bless you. PROGRESS is \$1 a year.

UNITY SCHOOL OF CHRISTIANITY
917 TRACY AVE., KANSAS CITY, MO.

Dig Your Ditches

There was a water famine in Israel, and Elisha was called on for help. His first command was to make the valley full of ditches; in other words, to prepare for an abundance of water. This instance furnishes a valuable prosperity lesson. Dig your ditches. Prepare for an abundance of blessings.

The Bank plan will help you to get ready for prosperity. Each day as you concentrate on the prayer that comes with the Bank, and drop in a coin for the purpose of sharing the Unity message with others, you will gradually open your consciousness to God's unfailing abundance.

Fill out and return the blank below if you want to use the Prosperity Bank drill to help you demonstrate more prosperity. Silent Unity will pray with you as you follow the drill. You may use the blank to send DAILY WORD to your friends, and if you wish you may include your own renewal or subscription.

Unity School of Christianity, 917 Tracy, Kansas City, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

1. Name

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City State

2. Name

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City State

3. Name

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City State

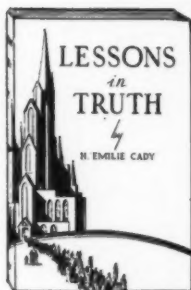
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LESSONS IN TRUTH WEEK

Every year Unity students set aside a special week for the study of the basic Unity textbook **LESSONS IN TRUTH**, because this practice helps them to develop greater spiritual understanding and to demonstrate more abundant good in their life. It helps both individuals and groups by establishing a strong consciousness of love, peace, plenty, and good will in all people everywhere.



Whether **LESSONS IN TRUTH** is new to you or you have read it many times before, you will find it worth your while to take part in "Lessons in Truth" Week this year. Your faithful observance of this study and prayer period, in which Silent Unity will co-operate with you, will bring you rich returns. The date is September 21-27.

A free booklet (Getting the Most Out of Lessons in Truth in One Week) will be sent to you with a copy of **LESSONS IN TRUTH** to aid you in your study of the book. If you do not have a copy of **LESSONS IN TRUTH** get one from your nearest Unity center or send for one direct to Unity headquarters.

In cloth it is \$1; in flexible binding \$2.

UNITY SCHOOL OF CHRISTIANITY
917 TRACY AVE., KANSAS CITY, MISSOURI

SEPT.
21-27

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